

OlyLife

— DEVICE CARE —

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THZ Tera-P90 Plus

This device is the most sensitive among the system line up due to its conductive energy plates and integrated heating system.



MATERIAL BREAKDOWN



Energy Plates
Coated conductive metal



Top Housing
ABS plastic



Bottom Housing
Vented plastic



Internal System
PEMF and heating components

The conductive plates are the most critical area and require careful cleaning.



DAILY CLEANING (After Every Use)

STEP 1 Power Down

- Turn the device off
- Unplug the power cable
- Allow the device to cool for 5–10 minutes

STEP 2 Plate Cleaning

Use a dry microfiber cloth to gently wipe the plates. If sweat is present:

- Use a slightly damp microfiber cloth with clean water only
- Wipe gently
- Immediately dry with a second dry microfiber cloth



Important:
Do not allow moisture to remain on the plates.



DEEP CLEANING (For Heavy Use or Events)

Cleaning Mixture:

- 1 drop neutral pH soap
- 1 cup warm water

Procedure:

- Dip a microfiber cloth in the mixture
- Wring the cloth until almost dry
- Gently wipe the plates
- Immediately dry with a clean microfiber cloth

Never use:

- Alcohol on the plates
- Disinfectant wipes
- Vinegar
- Scrubbing pads
- Paper towels (may cause micro-scratches on the coating)



WHAT CAN DAMAGE THE P90 PLUS PLATES

- Alcohol (breaks down the conductive coating over time)
- Salt residue from sweat left overnight
- Abrasive cloth materials
- Scratches caused by jewelry
- Standing on the device with wet feet



WEEKLY MAINTENANCE



Inspect the plates for dull or uneven patches



Check the power cord for damage



Inspect ventilation areas for dust buildup



Check edges for signs of corrosion



If the plate surface begins to feel rough, stop using the device and inspect it before continuing operation.



PROFESSIONAL PROTECTION PROTOCOL

If the device is used for demonstrations:

- Place a disposable foot liner or tissue under the user's feet
- Wipe the plates immediately after each person
- Do not allow lotion or oil on the feet



Oils degrade conductivity faster than water.



DISCLAIMER: OlyLife products are advanced wellness devices that are safe, non-invasive, and supportive of overall well-being. While PEMF technology has been trusted since the 1970s and certain devices are FDA-cleared for specific wellness uses, OlyLife products are not medical devices and are not intended to diagnose, treat, cure, or prevent any disease.

